

## ALDARA® CREAM INFORMATION

**Aldara®** Cream is a topical medication used to treat skin conditions, such as warts, actinic keratoses, superficial basal cell carcinomas and squamous cell carcinomas. Aldara® works by activating your body's own immune system to treat the diseases that are both visually seen and unseen to prevent further development.

Results from treatment vary. Common expected results include redness, swelling, flaking, blistering, burning sensation and scabbing at the application sites. At times, severe skin reactions may require a rest period from treatment. Thus, please consult your clinician if you have any questions or concerns regarding discontinuing the medication.

Aldara® is applied at bedtime, typically five times a week (Mon – Fri), then no application on weekends. Instructions to apply:

- Wash the area to be treated with mild soap and water & then dry.
- Aldara® Cream is supplied in a small packet. Open one packet & apply a thin layer to the affected areas plus an additional 5 mm margin.
- Save the open packet for an additional use by wrapping the packet in cellophane wrap & refrigerating until the next application.
- Do not cover the treated area with an airtight bandage.
- Wash your hands well after treating the area.
- Leave the cream on the affected area for about 8 hours and then wash off.
- Do NOT apply the Aldara® Cream in or near the eyes, lips or nostrils.
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Typical dosage & follow up schedule is as follows for skin cancers:

- Superficial basal cell carcinomas: total of 6-week treatment course
  - Follow up office visit 3 weeks after starting Aldara
  - Continue additional 3 weeks of treatment as directed by your clinician
- Squamous cell carcinomas: total of 8-week treatment course
  - Follow up office visit 3 weeks after starting Aldara
  - Continue additional 5 weeks of treatment as directed by your clinician

**IMPORTANT:** Remember to tell your clinician if you are pregnant, planning to become pregnant, currently breastfeeding or planning to breastfeed. As always, please inform your clinician of **ALL** prescription & non-prescription medications, vitamins, and herbal supplements you are taking, as some medications may interfere with your treatment.

Please refer to the Aldara® Cream Patient Information Pamphlet for additional content regarding this prescription. If you have any further questions or concerns please contact us at our office.

**Please call either office if you have any questions or concerns after treatment.**

**Centreville: 703-222-2773 | Sterling: 703-450-5959**