

LASER HAIR POST-CARE INSTRUCTIONS

- Temporary swelling and sunburn sensations can occur for up to 2-5 days.
- You may apply cool compresses to the area for 10-15 minutes for 4-5 hours after treatment.
- Keep the area clean by washing twice a day with a mild soap and luke warm water.
- You can develop fine crusted around the treated area. Applying Vaseline can help crusting to disappear.
- The use of deodorants and/or powders should discontinue until area has healed.
- **DO NOT** use any of the following products on treated areas for at least 1 week:
 - Alpha or Beta Hydroxy
 - Salicylic acid/Salicylate
 - Retin-A
 - Glycolics
- Use warm or tepid water on area treated; hot water will cause irritation and sensitivity.
- Avoid submerge area treated in chlorinated water (no pool/ hot tub) for at least 5-7 days.
- Please use daily sun protection of at least SPF 30 and stay out of direct sunlight. When outdoors for long periods you **MUST** use a minimum of **SPF 30** and re-apply frequently (every 2-3 hours).
- No other skin procedure should be done for at least 5-7 days unless directed by your skincare specialist.
- Refrain from the use of tanning booths.

** These timelines are approximate & precautions should be extended beyond the recommended time if skin remains sensitive.*

Please call either office if you have any questions or concerns after treatment.

Centreville: 703-222-2773 | Sterling: 703-450-5959