

MICRODERMABRASION POST-CARE INSTRUCTIONS

GENERAL INFORMATION:

- Makeup may be applied after the treatment if necessary.
- Skin may feel wind burned and/or tight for a day or two after treatment.
- You may experience dryness & peeling for 1-2 days after treatment. A gentle moisturizer may be applied as frequently as needed.
- Cool Compress and/or Ice Packs can be used if needed for first 24hours. Mix 1 tsp of vinegar with 2 cups tepid water & apply to treated area
- Antioxidants can be applied for soothing and hydration of the skin.

** These timelines are approximate & precautions should be extended beyond the recommended time if skin remains sensitive.*

72 HOURS AFTER TREATMENT:

- **DO NOT** use any of the following product:
 - Alpha or Beta Hydroxy
 - Salicylic acid/Salicylate
 - Retin-A
 - Glycolics
- Use warm or tepid water on area treated; **DO NOT** use hot water.
- **DO NOT** submerge the area treated in chlorinated water (no pool/ hot tub).

FOR 10-14 DAYS AFTER TREATMENT:

- Stay out of direct sunlight. When outdoors use a minimum of SPF 30 frequently.
- **DO NOT** have any other skin procedure unless directed by your skincare specialist.
- Refrain from the use of tanning booths.

Please call either office if you have any questions or concerns after treatment.

Centreville: 703-222-2773 | Sterling:703-450-5959