



SCULPTRA® AESTHETIC POST CARE INSTRUCTIONS

It is important that you adhere to the aftercare instructions provided by your health care provider. These instructions should be followed after every Sculptra treatment session.

- Massage the treated area in the manner shown to you 3 times per day for 3 weeks for 3 minutes each time.
- Within the first 24 hours after treatment, an ice pack should be applied for a few minutes at a time to the treated areas to help reduce swelling and bruising.
- Make-up may be applied a few hours after treatment if no complications are present.
- Avoid sun and UV lamp exposure until any initial swelling and redness have resolved.
- Report any side effects, including worsening or longer-lasting symptoms or signs, to your healthcare provider.
- Remember to schedule your next appointment in 4-6 weeks

If you have any questions or concerns regarding your treatment please call one of our offices, thank you.

Centreville: 703-222-2773 | Sterling: 703-450-5959

For additional information on Sculptra® Aesthetic please call
1-800-633-1610